

## Curriculum Vitae

### Personal:

Name: Nathaniel Lee Novgrod  
Address: 1384 Sulphur Springs Rd  
Waynesville, NC 28786  
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### Education / Training:

College: Wake Tech Community College, Raleigh, NC  
A.A., College Transfer 2003  
  
Western Carolina University, Cullowhee, NC  
B.S., History 2005  
  
Oregon College of Oriental Medicine, Portland, OR  
Masters of Acupuncture, 2009

Other: Apprenticeship with Sifu Brian Moran 5<sup>th</sup> Duan, MAcOM, LAc, Weaverville, NC  
Taijiquan, Qigong, and Tuina, 1997 - Current  
  
Formal training with Sifu Dale Freeman 10<sup>th</sup> Duan, MAcOM, LAc, Sheridan, OR  
Taijiquan, Qigong, and Tuina, 2006 – 2009

### Work Experience:

Taijiquan / Qigong Instructor, Sylva Kung Fu Academy, Sylva, NC. 1999 – 2005. Taught ongoing classes in Yang family Taijiquan, Yiquan Qigong, and Emperors Longfist.

Taijiquan / Qigong Instructor, Old Mountain Kung Fu, Waynesville, NC. 2009 – Current. Taught ongoing classes in Yang family Taijiquan, Yiquan Qigong, and Emperors Longfist.

Owner / Operator, Old Mountain Health Center, Waynesville, NC. 2009 – 2013. Provided Acupuncture, Tui Na massage, and Chinese herbal medicine treatments to patients.

Co - Owner / Operator, Waynesville Wellness, Waynesville, NC. 2013 – Current. Provide Acupuncture, Tui Na massage, and Chinese herbal medicine treatments to patients. Develop and teach continuing education courses for acupuncturists and massage therapists.

### Professional Credentials:

National Certification Commission for Acupuncture & Oriental Medicine [NCCAOM] Diplomate of Acupuncture, Certificate: # 115276

National Certification Commission for Acupuncture & Oriental Medicine [NCCAOM] Certified PDA Provider, #163852

Licensed Acupuncturist in the state of North Carolina, License #: 550.

National Certification Board for Therapeutic Massage & Bodywork [NCBTMB] Approved CE Provider, #1003

4<sup>th</sup> Duan Black Sash, Title of Master in Chuan Fa [Martial Way]. Focus in Taijiquan, Qigong, Xingyiquan, and Baguazhang.