

Curriculum Vitae

Personal:

Name: Nathaniel Lee Novgrod
Address: 1384 Sulphur Springs Rd
Waynesville, NC 28786
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Education / Training:

College: Wake Tech Community College, Raleigh, NC
A.A., College Transfer 2003

Western Carolina University, Cullowhee, NC
B.S., History 2005

Oregon College of Oriental Medicine, Portland, OR
Masters of Acupuncture, 2009

Other: Apprenticeship with Sifu Brian Moran 5th Duan, MAcOM, LAc, Weaverville, NC
Taijiquan, Qigong, and Tuina, 1997 - Current

Formal training with Sifu Dale Freeman 10th Duan, MAcOM, LAc, Sheridan, OR
Taijiquan, Qigong, and Tuina, 2006 – 2009

Work Experience:

Taijiquan / Qigong Instructor, Sylva Kung Fu Academy, Sylva, NC. 1999 – 2005. Taught ongoing classes in Yang family Taijiquan, Yiquan Qigong, and Emperors Longfist.

Taijiquan / Qigong Instructor, Old Mountain Kung Fu, Waynesville, NC. 2009 – Current. Taught ongoing classes in Yang family Taijiquan, Yiquan Qigong, and Emperors Longfist.

Owner / Operator, Old Mountain Health Center, Waynesville, NC. 2009 – 2013. Provided Acupuncture, Tui Na massage, and Chinese herbal medicine treatments to patients.

Co - Owner / Operator, Waynesville Wellness, Waynesville, NC. 2013 – Current. Provide Acupuncture, Tui Na massage, and Chinese herbal medicine treatments to patients. Develop and teach continuing education courses for acupuncturists and massage therapists.

Instructor/Educator, Western North Carolina School of Massage, Asheville, NC. 2016 – Current. Lecture on anatomy & physiology, palpatory musculoskeletal anatomy, and Taijiquan as well as practical palpation instruction and clinical supervision.

Professional Credentials:

National Certification Commission for Acupuncture & Oriental Medicine [NCCAOM] Diplomate of Acupuncture, Certificate: # 115276

National Certification Commission for Acupuncture & Oriental Medicine [NCCAOM] Certified PDA Provider, #163852

Licensed Acupuncturist in the state of North Carolina, License #: 550.

National Certification Board for Therapeutic Massage & Bodywork [NCBTMB] Approved CE Provider, #1003

4th Duan Black Sash, Title of Master in Chuan Fa [Martial Way]. Focus in Taijiquan, Qigong, Xingyiquan, and Baguazhang.